



## **CURRICULUM**

### **Master of Arts in Expressive Arts Therapy with a minor in Psychology**

*Being with the Arts is our Way of Being in the World.*

Learn to work with the Arts as the teacher, a conduit of healing, for clients with disharmony in their life and disabilities in their body and mind. Through the process of Art-making, an Expressive Arts therapist discovers how their clients can live in a better way, how the Arts facilitate change, through personal growth and transformation.

#### **Plan of Studies**

The curriculum is divided into three Summer Residencies at the EGS Saas-Fee campus and continuous training with internships at local sites. There are three Intensive Training Seminars (ITS-P, ITS-D and IT-3) offered on campus in two session periods during the summer in Switzerland.

In the interim periods (fall, winter and spring), students undertake their academic projects and internships, and participate in seminars for Expressive Arts Modules K, P, and F which are either offered by EGS on campus in Saas-Fee or by accredited Cooperating Institutes with approved teachers, training therapists and supervisors. A minimum of one year is necessary to complete the Master's Thesis requirement.

#### **Study Modules for Master of Arts in Expressive Arts Therapy with a minor in Psychology:**

Module K:	Intermodal Expressive Arts
Module P:	Praxis / Field Work
Module F:	Theoretical Foundation and Research
Module ITS-P:	Methods – Interdisciplinary Approach
Module ITS-D:	Philosophical and Aesthetic Foundation – Interdisciplinary Approach
Module IT-3:	Final Examination and Graduation

- Module ITS-M – Expressive Arts Digital Arts and Media – can be taken in place of Module K.
- Module ITS-A-P – Praxis / Field Work – can be taken in place of Module P.

*EGS can acknowledge credits from Universities, Colleges and contracted Module Providers under the terms of the Bologna Educational Treaty.*

*EGS can provide advanced standing for professional working in the field who received training at an Institute in a related field (ITS-A).*



**Master of Arts in Expressive Arts Therapy with a minor in Psychology**

120 Credit points ECTS (60 US cp)

**Intermodal Expressive  
Arts – Module K**

16 credit points ECTS  
(7 US cp)

Completed in your home  
country

----- or -----

**Digital Arts and Media  
– ITS-M**

21 credit points ECTS  
(11 US cp)

At Saas-Fee campus only

**Praxis / Field Work  
– Module P**

20 credit points ECTS  
(10 US cp)

Completed in your home  
country

----- or -----

***ITS-A-P***

11 cp ECTS & internship  
(5.5 US cp & internship)  
*Upon permission*

At Saas-Fee campus only

**Theoretical Foundation  
and Research  
– Module F**

24 credit points ECTS  
(12 US cp)

Completed in your home  
country

**Methods,  
Interdisciplinary  
Approach – ITS-P**

21 credit points ECTS  
(11 US cp)

At Saas-Fee campus only

**Philosophical and  
Aesthetic Foundation –  
Interdisciplinary  
Approach – ITS-D**

21 credit points ECTS  
(11 US cp)

At Saas-Fee campus only

**Final Examination  
and Graduation – IT-3**

18 credit points ECTS  
(9 US credits)

At Saas-Fee campus only